

SPITFIRES



TOWNSVILLE DRAGON BOAT CLUB INC

ABOUT US: Dragon boating started in Townsville with the formation of the Dragons Abreast Club - Dragons Abreast Townsville Inc (DATi) in 2004. As DATi is an organisation dedicated to breast cancer survivors and supporters, in 2011 it was decided to expand the club into a sporting club so as to welcome all members of the community and also allow DATi members to enhance their ability to compete in sporting events rather than just DA events, which focus more on awareness than competition. We have a mix of social and competitive members in our club; catering for all ages. We have first class training facilities and equipment, and encourage members to reach their competitive goals through participation in events held locally and at state, national and international level. We promote a healthy lifestyle through physical fitness, supplemented with a regular social program.

TRAINING TIMES

Tuesday & Thursday: Riverway Rowing Club, 1100 Riverway Drive, Rasmussen.

Winter: 4.30 for 5pm – 6pm on the water, **Other :** 5pm for 5.30 – 6.30 on the water.

Social Saturday: At the Strand (beach) opposite the Tobruk swimming pool. 7.00am for 7.30am—8.30am on the water. Saturday morning training covers technique and timing drills and is the preferred session for new people to come and try. Usually followed by a social get together at a local coffee shop.

VISITORS and COME & TRY paddlers please make contact prior to attending training sessions. Suitable sun safe, water sport attire and water bottle recommended. Paddle & PFD supplied.

Contact Details

Ph: 0476 639 582 P O Box 8175, Garbutt Q 4814
www.townsvilledragons.weebly.com
tdbc.secretary@gmail.com Check us out on Facebook

Breast cancer survivors and supporters are encouraged to join Dragons Abreast Townsville Inc. which promotes breast cancer awareness through the sport of dragon boating. Contact:: townsville@dragonsabreast.com.au